

SATURDAY FEBRUARY 13, 2016

12:00 – 5:00 Registration - Ilima Terrace Lobby
6:00 pm- 9:00 pm Welcome Reception – Shipwreck Lagoon

SUNDAY FEBRUARY 14, 2016

07:30 – 08:00 Continental Breakfast – Exhibits Open – Grand Garden Promenade

SCIENTIFIC SESSION I: The State of the Union

Moderator – Kiya Movassaghi, MD

08:00 – 08:10 Kiya Movassaghi, MD – NWSPS President's Welcome
08:10 – 08:25 David Song, MD – American Society of Plastic Surgeons (ASPS)
08:25 – 08:40 James Grotting, MD – American Society for Aesthetic Plastic Surgeons (ASAPS) Update
08:40 – 08:50 Peter Lennox, MD – Canadian Society of Plastic Surgeons (CSPS) Update
08:50 – 09:00 Charles Butler, MD – Plastic Surgery Foundation (PSF) Update

SCIENTIFIC SESSION II: Facial Rejuvenation

Moderator – Kiya Movassaghi, MD

09:05 – 09:35 Glenn Jelks, MD – The Paradigm Shift in Oculoplastic Surgery (ASAPS visiting professor)
09:35 – 10:05 Glenn Jelks, MD – The Jelks “No Touch” Blepharoplasty (ASAPS visiting professor)
10:05 – 10:25 Richard Bendor-Samuel, MD – Lower eyelid Blepharoplasty, preventing complications
10:25 – 10:40 James Grotting, MD – Toward simplification in SMAS management: The “Delta Facelift”

10:40 – 11:00 BREAK with EXHIBITORS – Grand Garden Promenade

SCIENTIFIC SESSION III: MD Wellness

Moderator – Kiya Movassaghi, MD

11:00 – 12:00 Dike Drummond, MD – Burnout Proof – Lower Stress, Prevent Burnout, Build a More Ideal Practice
12:00 – 12:30 Eric Goodman, DC – Spinal Hygiene

Afternoon Workshop (location TBD)

2:30 – 4:00pm Dike Drummond, MD and Eric Goodman, DC Brain-Body-Breath Connection (Spouses, significant others and Exhibitors are highly encouraged to participate in this fascinating activity)

MONDAY FEBRUARY 15, 2016

07:30 – 08:00 Continental Breakfast – Exhibits Open – Grand Garden Promenade

SCIENTIFIC SESSION IV: Breast Surgery Hot Topics

Moderator – Kiya Movassaghi, MD

08:00 – 08:30 Juliana Hansen, MD – Transgender Breast Surgery (ASPS visiting prof)
08:30 – 09:00 Steve Jacobson, MD – Minimally Invasive Breast Reconstruction using implants
09:00 – 09:30 Kamakshi Zeidler, MD – Aeroform vs. Saline Tissue Expansion in Breast Reconstruction: A Prospective Multi-Center Randomized Controlled Clinical Study

MONDAY FEBRUARY 15, 2016

(Continued)

09:40 – 10:00 BREAK with EXHIBITORS – Grand Garden Promenade

SCIENTIFIC SESSION V: Breast Surgery

Moderator – Nicholas Vedder, MD

10:00 – 10:20 David Song, MD – Oncoplastic Surgery from a Plastic Surgeons Perspective

10:20 – 10:35 Brad Bengtson, MD – Utilizing Capsular Flaps for Malposition Repair in Breast Revision Patients

10:35 – 10:50 Brad Bengtson, MD – Maximizing Outcomes and Minimizing Complications Using Scaffolds and ADMs in the Breast for Mastopexy

10:50 – 11:05 Alfonso Oliva, MD – Scarless Latissimus Muscle Flap in Breast Reconstruction with Preservation of Donor Site Function; A Fifteen Year Experience

11:05 – 11:15 Morgan Evans, MD – Function-Sparing “Split” Lattisimus Dorsi Flap in Breast Reconstruction

SCIENTIFIC SESSION VI: Trends in Skin Rejuvenation

Moderator – Kiya Movassaghi, MD

11:20 – 11:40 Grant Stevens, MD – History of Laser Resurfacing – A 20 year Personal Experience

11:40 – 12:00 Grant Stevens, MD – Nonsurgical technologies - What works and what doesn't

1:10 – AFTERNOON GOLF TOURNAMENT

TUESDAY FEBRUARY 16, 2016

07:30 – 08:00 Continental Breakfast – Exhibits Open – Grand Garden Promenade

SCIENTIFIC SESSION VII: Craniofacial Surgery

Moderator – Frederick Ehret, MD

08:00 – 08:10 Craig Birgfeld, MD – Practical CT Scan Finding for Accurately Diagnosing Metopic Craniosynostosis

08:10 – 08:30 Neil R. McLean, MD – Temporomandibular Ankylosis: A Formidable Surgical Problem

SCIENTIFIC SESSION VIII: Reconstructive Surgery

Moderator – Earl Campbell, MD

08:35 – 08:40 Adam Wallace, MD – Free Vascularized Fibular Graft for Distal Tibia and Ankle Reconstruction

08:40 – 08:45 Matthew Lewis, MD – Utility of the Vertical Rectus Abdominis Myocutaneous Flap for Abdomino-Perineal Resection and Pelvic Exenteration Defects: The OHSU Experience

08:45 – 09:15 Colin White, MD – The Keystone Flap – Practical Design, Use and Applications

SCIENTIFIC SESSION IX: Outcomes, Complications and Managements I

Moderator – Aysel K. Sanderson, MD

09:20 – 09:30 Lisa Hunsicker, MD – Efficacy of Vancomycin-Based Continuous Triple Antibiotic Irrigation in Immediate, Implant-Based Breast Reconstruction

TUESDAY FEBRUARY 16, 2016

(Continued)

09:30 – 09:40 Laura K. Tom, MD – Implant-Associated Complications of the Staged Autologous Breast Reconstruction Pathway: A Single Center's Experience

09:40 – 09:45 Nho Van Tran, MD – Breast Implant Pain: Pectoralis Muscle Spasm

09:50 – 10:20 BREAK with EXHIBITORS – Grand Garden Promenade

SCIENTIFIC SESSION X: Outcomes, Complications and Managements II

Moderator – Chad Wheeler, MD

10:20 – 10:40 Aysel K. Sanderson, MD – Mastopexy – Pearls for Aesthetic and Long Lasting Results

10:40 – 11:00 Aysel K. Sanderson, MD – My 2015 Infection QA Project

11:00 – 11:05 Jennifer Asarias Knox, MD – Objective Effects of Breast Reduction Surgery on Physical Fitness

11:05 – 11:35 George Marosan, MD – BOTCHED – Doctor Can You Fix Me?

11:40 – 12:00 Jennifer Goy, MD – Perioperative Anticoagulation Management

12:00 – 01:00 Kiya Movassaghi, MD & Vicky Dean-Swart NWSPS Business Meeting

**** PRESIDENTIAL DINNER DANCE ****

6:00 pm --7:00pm Cocktail hour Grand Garden Promenade

7:00 pm – 11:00pm Dinner and Dancing Grand Ballroom

WEDNESDAY FEBRUARY 17, 2016

08:00 – 08:30 **Continental Breakfast – Exhibits Open – Grand Garden Promenade**

SCIENTIFIC SESSION XI: Practice Management

Moderator - Earl Campbell, MD

08:30 – 09:00 Kim Blackwell – Overview of the Patient Consultation – Give 'em a WOW!

SCIENTIFIC SESSION XII: Hand/Microsurgery

Moderator - Geoff Yule, MD

09:10 – 09:20 M. Anne Radecki, MD – Intraoperative Evaluation of Nerve Cytoarchitecture Using High Frequency Ultrasound

09:20 – 09:40 Bauback Safa, MD – Advances in Replantation: Revisiting Conventional Wisdom

09:40 – 09:55 Bauback Safa, MD – Complex Microsurgical Thumb Reconstruction: Thinking Beyond Step 1

09:55 – 10:10 Bauback Safa, MD – Venous Flaps: Ideal Flaps for Coverage of Small Hand Defects

10:10 – 10:20 R. Jared Madsen, MD – Joint Denervation in the Digits: Technique and Patient Satisfaction

10:20 – 10:40 Garrett R. Vangelisti, MD – Evolution of the CMC Arthroplasty

10:45 – 11:10 BREAK with EXHIBITORS – Grand Garden Promenade

WEDNESDAY FEBRUARY 17, 2016

(Continued)

SCIENTIFIC SESSION XIII: Beyond Plastic Surgery

Moderator - Craig Birgfeld, MD

- 11:15 – 11:35 Shahram Salemy, MD – Building an Ambulatory Surgery Facility in Washington State: The Challenges for a Small Private Practice
- 11:35 – 11:45 Michael Workman, MD – Wellness and Volunteering; My Surgery Center in Haiti
- 11:45 – 11:55 Aaron D.C. Knox, MD – Learning Spatially Complex Surgical Skills – Novice Learners Experience Similar Cognitive Load When Using Dynamic or Static Instructional Multimedia to Learn Z-plasty
- 12:00 – 12:10 Craig Birgfeld, MD – Dom Award, Closing Remarks and 2017 NWSPS Meeting